

Qualified/Non-Qualified Expenses

Qualified Health Expenses

- Acupuncture
- Adhesive or elastic bandages
- Alcoholism and Drug Treatment
- Ambulance
- Artificial Limbs, braces, and teeth
- Blood Pressure Monitor
- Breast pumps and lactation supplies
- Chiropractors
- Christian Science practitioner's fees
- Cold or hot compresses
- Contact Lenses, solutions, eye drops and supplies
- Co-Payments (doctor, dental, vision, pharmacy)
- Crutches and Canes
- Deductibles
- Dental fees (cosmetic procedures not eligible)
- Dentures and denture adhesive
- Diabetic supplies
- Diagnostic fees
- Doctor fees, office visits, co-pays, deductibles
- Drug and medical supplies (syringes, needles, etc.)
- Emergency room visits
- Endodontics fees
- Eye examinations fees
- Eye surgery (cataracts, LASIK, etc.)
- Eyeglasses prescribed by your doctor
- First Aid bandages, gauze, gloves and masks
- Glucose meters
- Hearing devices and batteries
- Home health care
- Hospital bills
- Incontinence supplies
- Insulin
- Laboratory fees
- Laser eye surgery
- Leg or arm braces
- Medical alert bracelets fees
- Obstetrics and fertility fees
- Office visits
- Optometrist and ophthalmologist fees
- Oral surgery
- Orthodontic fees
- Orthopedic devices
- Osteopath fees
- Oxygen
- Periodontist fees
- Personal Test Kits-pregnancy, ovulation, cholesterol
- Physical Therapy
- Physician fees
- Podiatrist fees
- Prescribed medicines
- Psychiatric care
- Psychologist and psychiatrist fees
- Radiology
- Routine physicals and non-diagnostic services or treatments
- Smoking cessation programs
- Speech Therapy
- Surgical fees
- Thermometers
- Travel to doctors and health care facilities
- Wheelchair and walkers
- X-Rays and MRIs

Please Note: Cosmetic Medical Expenses **are not** eligible. For more detailed information, please refer to section 213 of the IRS Code.

Dependent Care Expenses

- Nanny and Babysitter*
- Pre-K or Nursery school*
- Before-or after-school care*
- Daycare for disabled adult or child
- Elder care form parent or dependent
- Must be necessary in order to work (Applies to spouse)

*For dependents age 13 and under

Over-the-Counter Items

Items with an RX denote that a prescription is required from your healthcare provider.

Antiseptics

- Antiseptic mouthwash (Rx)
- Benzocaine Swabs (Rx)
- Boric acid powder (Rx)
- First aid wipes (Rx)
- Hydrogen peroxide (Rx)
- Iodine tincture (Rx)
- Rubbing Alcohol (Rx)
- Sublimed sulfur powder (Rx)

Diabetes

- Diabetic lancets
- Diabetic needles
- Diabetic supplies
- Diabetic syringes
- Diabetic test strips
- Glucose meters
- Glucose tablets (Rx)

Cold, Flu, Asthma and Allergy Medications

- Allergy Medications (Rx)
- Bronchodilator/Expectorant tablets (Rx)
- Bronchial asthma inhalers (Rx)
- Cold relief syrup, tablets and drops (Rx)
- Homeopathic sinus medications (Rx)
- Medicated chest rub (Rx)
- Nasal decongestant spray, drops or inhaler (Rx)
- Sinus and Allergy nasal spray (Rx)
- Vapor patch cough suppressant (Rx)

Ear / Eye Care

- Ear drops for swimmers (Rx)
- Ear water-drying aid (Rx)
- Ear wax removal drops (Rx)
- Homeopathic earache tablets (Rx)
- Contact Lens Solution

Health Aids

- Anti-fungal treatments (Rx)
- Denture adhesive
- Diuretics and water pills (Rx)

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